#### **WELCOME TO ASCENSION**

# SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

"NOTHING EMBITTERS A PERSON MORE THAN SUFFERING. BUT WHEN IT IS CONSECRATED TO GOD, IT BECOMES HOLY"
THOMAS MERTON

# SUN MAR 23 3<sup>20</sup> SUNDAY OF THE GREAT FAST - VENERATION OF THE CROSS (3<sup>20</sup> ALL SOULS) After - Hospitality

Heb 4:14-5:6 Mk 8: 34-9:1 Tone 3

11:00 Divine Liturgy For Our Parishioners & HGB Retha Williams by Dr. Maryjean Sotack

Mon Mar 24 5:30pm Chant Camp

#### **Tue Mar 25 ANNUNCIATION OF THE THEUTOKOS**

8:30 Divine Liturgy For OUR PARISH and HGB Gary & Lally Vinson by Fr. Alex **5:00pm** Moleben to the Theotokos - Special Intention

5:15pm - 6:30pm Bible Study: the Book of Genesis

Wed Mar 26 8:30 Divine Liturgy + Katharina Margan by Ramile & Kathleen Rebello After - Moleben to the Theotokos - Special Intention

<u>Thu Mar 27</u> 8:30 Divine Liturgy + Betta & John Labanish by Fr. Alex

6:00pm - ROSARY - Prayer For Peace in Our Country & for Protection and Healing of all serious illnesses by Men's Club

Fri Mar 28 5:30pm Presanctified Gifts For Our Parish and + Eugene Kokinda by Fr. Alex

After: 4<sup>rd</sup> Day of Recollection – by Lisa Edvards and Diner

Sat Mar 29 1:00pm Church Cleaning Hours

# SUN MAR 30 4<sup>20</sup> SUNDAY OF THE GREAT FAST – (4<sup>20</sup> ALL SOULS) After – Hospitality

Heb 4:14-5:6 Mk 8: 34-9:1 Tone 3

11:00 Divine Liturgy For Our Parishioners & HGB Peter & Lisa Margan by Fr. Alex

Chant Camp" meets Monday evenings at 530p in the Betta church hall. While learning about the music and chant and traditions of our church we enjoy each other's company and light snacks! Everyone is welcome, no music experience needed! Questions? See Lisa Edwards or sent to Lisa Edwards at LisaCVoice@yahoo.com

Parish Activities: All activities should be recorded on the <u>main calendar</u>. Please write in the activity you are responsible for and let Fr. Alex know the details so he can include it in the bulletin.

Attention all Parishioners, Visitors, and Guests: please do your part to help us keep the Social Hall clean. After Sunday Hospitality and Pot Lucks please made sure the table area where you were sitting is wiped clean. Also, please place your chair on top of the table. Doing these things will be a big help and save much time in maintaining and keeping the floors clean. Thanks for your help and cooperation Fr. Alex

# SPECIAL ORDERS WELCOMED.

Many unique items come into the shop weekly. We have a great selection of special-occasion gifts and religious items unique to the Williamsburg area, including a wide selection of spiritual books, music, icons and devotional and inspirational articles plus hand-made soaps and local honey. Special orders welcomed.

We have several faithful from Ascension who are in need of special prayer.

Some of those who need special prayer are:

Frank and Chris Janke; Mary Grace Dorsey; Ben Pawers; Betty May Hertz; Emma Bernier; Lolly Vinson; June Mathews; William McGraw; Myron Kotyk; Darren and June Ann Hall; Aurora & Jaime Daquilanea; Ann, Lary, Mary Ann Drumtra & their Family; Elaine Hampton; Dr. Micheal & Linda Lechman; Orysia Stefaniv; Elisabeth Branden; Merly & Teresa Phillips; Mary Sullivan; Mary Saupp; Francis Fenderson; Gareth & Patricia Reeves; Abigail Johnson; Don Wilson & his Family; Johnny Morris; Hazel Reeres; Richard Bapst; Adzima & John Adzima; Michael Derkacz; Retha Williams; Michael & Michaela Bross; Dara Horvath Murphy

Thank you. Fr. Alex

Visitors, family and friends: Are you curious, do you have questions or inquirers about our church, icons, Divine Liturgy, or Byzantine Catholic traditions? Someone will be waiting to answer your questions after Divine Liturgy on Sunday mornings in the vicinity of the icon corner at the front of the sanctuary. Don't be afraid to ask, there are no wrong questions.

<u>Liturgy and Candle Requests</u>: Often we want to remember someone and offer special prayers for the departure of a loved one, special occasion, birthday, anniversary, etc. with celebration of a Divine Liturgy or lighting of a candle in front of an icon. To request a liturgy or candle, please complete the form in the appropriate envelope which you will find in the rack on the wall as you enter Ascension church and place it in the Sunday offering basket. Thank you. Fr. Alex.

We will still collect donations for the Ukrainian Humanitarian Cause. You may place your generous gift in the basket with the Ukrainian Flag. You will find it at the Icon Screen. Thank you for your gift of hope! Fr. Alex

Ascension Young Adults will continue Byzantine spiritual studies Spring 2025: Today February 2, March 2, April 6, and May 4. at 12:30 pm. Come and pray together. In Christ Adi

Young Adults, Children, Adult Bible Study Comity: Subdeacon Adithia Kusno, Dr. Michael Lechman, Lisa Edwards. Special Event/Retreat Speakers Comity: David Efimetz, Don Merkley, Dr. Mary Jean Sotack

# **Bible Study: the Book of Genesis**

The next adult Bible study session will be held on March 25 from 5:15 to 6:30 PM. The discussion will cover Chapters 27 and 28 in Genesis, Lesson 16-Blessings and Dreams- in the workbook. Respectfully submitted, Dr. Michael Lechman

Please Join us on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday Evening Bible Study of St. John Hall at 5:15pm. in the Social Hall.

#### <u>Happy MARCH Birthdays</u> 2nd Myron Kotyk; 14th Bladimir Hunter; 25th Ron Ruszkowski

**NEEDED!!!** Many thanks to Katya Dahdah for volunteering to help with parish photography needs. Her efforts will help us to capture and save many special parish moments. A strong team is best, so we will continue to ask for a few more volunteers to help out with photography needs. Please see Father Alex if you are interested in helping with this important ministry.

The Automatic External Defibrillator (AED) is fully operational and located on the wall above the fire extinguisher in St. Phillips Hall. Eight parishioners were certified on the use of the AED on Oct 8,2023 and other parishioners have been certified in the past. Periodic updates will follow.

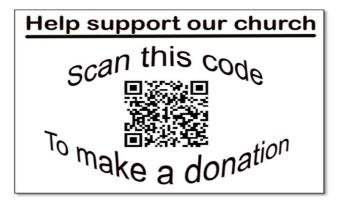
Dr. Michael Lechman

Join us Fridays during Lent for Presanctified Divine Liturgy followed by a series of micro discussions on "Finding Youn Inner Desert" to help make the most out of your Lenten journey as we prepare ourselves for Pascha! <u>Lisa Edvards</u>

# **God bless America!!!**

#### Prayer to Guardian Angel

ANGEL OF GOD, MY GUARDIAN DEAR, TO WHOM HIS LOVE COMMITS ME HERE: EVER THIS DAY BE AT MY SIDE, TO LIGHT AND GUARD, TO RULE AND GUIDE. AMEN



# FINANCIALS, March 16, 2025

Monthly Dues –25.00; Offertory –707.00; Candles-37.00; Margan Katharina Memorial – 100.00; Flowers-Easter -60.00; In – 929.00; Out- 155.89

#### **Candles for January**

Sanctuary Lamp...+ Drago Margan by Peter Margan Tetrapod... + Steven Margan by Peter Margan Theotokos & Child... For Our Parishioners John Baptist... For Our Parishioners St Nicholas... For Our Parishioners Protection Theotokos... For Our Parishioners

Christ Teacher... + Katharina Margan by Peter Margan

# 2024 – 2025 Annual Bishop's Appeal

LATEST UPDATE! To date we have raised \$6,432 of the \$6,800 needed to reach our goal. Only \$368.00 more to raise! Our success has always been through the generosity and giving spirit from you convenience additional Bishop Appeal envelopes are in the front of the church. Everyone is welcome to participate. Be the one to bring us over the top. When we reach our goal, 40% of our donation will be paid back to our Parish.

To Be a Saint - The Apostolic Fathers and the importance of passing down the Deposit of Faith.

Peter, James, John, Paul. The names roll off the tongue, and we easily place them among the first to follow in the footsteps of Christ. But life is fleeting. Who followed them? Who became the bridge that kept our faith true to the word of Christ? Who did the Apostles pass the torch to? Well, those names do not roll off the tongue so easily. Yet they are just as critical to our faith, for without them the church would have been cast adrift, manipulated and ill-formed. The Pentecost flame extinguished; the torch that is the Deposit of Faith lost.

Who were those who received their training at the feet of the Apostles and were faithful to the end, even at the cost of their lives. Join me now as we consider a few of these Apostolic Fathers and their importance in preserving and passing along what the Catholic Church calls the Deposit of Faith.

Pope Saint Clement of Rome, 35-99AD. Irenaeus of Lyons says "this man had seen the blessed apostles, and had been conversant with them, and might be said to have the preaching of the apostles still echoing in his ears, and their traditions before his eyes." Tradition has it that Clement received training by the Apostles Peter and Paul, and developed into a strong unwavering leader. He encouraged the church to trust in the leadership and organization the apostles establish. Apostolic authority was one of the main topics in his letter to the Corinthians, which scholars believe was written around 96 AD. This letter was so important to the Corinthians that they read it in church alongside Scripture in its day, keeping the church on track at a time when persecution could have easily crushed it.

Saint Ignatius of Antioch, 35-110 AD. Instructed by the Apostle John, Ignatius became the Bishop of Antioch around the year 70, he assumed leadership of a local church that was, according to tradition, first led by Saint Peter before his move to Rome. Ignatius wrote a series of letters which have been preserved as an example of the theology of the earliest Christians. These Letters stressed the importance of Church unity, the dangers of heresy, and the surpassing importance of the Eucharist. They also discuss the role of bishops, priests, and deacons. His writings contain the first surviving written description of the Church as "Catholic", taken from the Greek word meaning universal.

Saint Polycarp of Smyrna, 69-155 AD. His student Irenaeus wrote that he "was not only instructed by the apostles, and conversed with many who had seen the Lord, but was also appointed bishop by the Apostle John in the church in Smyrna". He was steadfast in his defense of the true faith. Marcion, the leader of a sect who followed a dualistic heresy (believing that there was both a creator God and a redeemer God), confronted Polycarp and demanded respect by saying, "Recognize us Polycarp." Polycarp responded, "I recognize you, yes, I recognize the son of Satan." As strong as Polycarp was in fighting heresy, he was patient and understanding when working with his contemporaries, for he

knew the church must stay united.

All three of these great saints died martyrs, steadfast to the true faith as handed to them by the Apostles. They inspired such confidence in their followers that they also gladly accepted martyrdom for the faith. So many in fact that the example of their devotion to the faith had much to do with the rapid spread of Catholicism in the pagan world.

There are several more Apostolic Fathers, but not the space to write about them. Consider their importance to what we know of our faith today. It is everything. The faith is like a relay race. Generation to generation the torch is passed. Theirs's was the first pass, directly from Christ's Apostles to succeeding generations. The pass was made cleanly and the torch remained lit. In the flow of time, it now becomes our job to pass along the faith to a succeeding generation, keeping the flame burning just as bright as when it was first lit that Pentecost day. I wonder, what will the torch be like that we pass along?

Last year in Manila, Pope Francis said "All religions are a path to God". Just a few days ago Cardinal Timothy Dolan, Arch Bishop of New York, compared the Catholic observation of Lent to Islam's Ramadan, speaking in admiration of the Moslem observance. Yes, the same Islam which outright rejects the divinity of Jesus Christ and the Trinity. Whether it be an innocent, misplaced analogy, or another example of 21st Century ecumenism, this is a statement from a Prince of the Church. I wonder now, what the Apostolic Fathers would say?

Will the torch we handoff to future generations burn the same pure flame as that handed down to us, or will it burn a flame reflecting the heresy of religious indifferentism, whose central theme is one of appearament to those who deny Christ? See Matthew 5:13 Yours in Christ

**Brother Joseph** 

Carpathian Kitchen - We are now selling a variety of pierogi and piroshki after Liturgy on Sundays. Our next event will be making Kolache on Saturday 12 April. All proceeds from sales go toward the Circle of Hope Program that supports local charities.

Men's Club News - Many exciting event are coming in the future.

Our next event will be the April 6 potluck which will feature grilled smoked salmon.

-Volunteers are needed to help with the Liturgical service processions on Good Friday and Easter. If you are interested please see Don Merkley.

-Save a date events The annual Italian dinner is scheduled for Saturday 24 May. More information to follow, with tickets to go on sale after Easter.

**Hospitality** - One of the many things that makes Ascension special is our coffee and hospitality service after Liturgy's on Sunday. The parish would have a completely different feel and character without this time of community. Chris Noonan and her volunteers do an amazing job in the set up and operation. Take a moment to let them know how much they are appreciated.

#### Psalm 1

# Blessed are they who hope in the Lord.

Blessed the man who follows not the counsel of the wicked Nor walks in the way of sinners, nor sits in the company of the insolent, But delights in the law of the LORD and meditates on his law day and night.

# Blessed are they who hope in the Lord.

He is like a tree planted near running water, That yields its fruit in due season, and whose leaves never fade. Whatever he does, prospers.

# Blessed are they who hope in the Lord.

Not so, the wicked, not so; they are like chaff which the wind drives away. For the LORD watches over the way of the just, but the way of the wicked vanishes.

Blessed are they who hope in the Lord.

### Psalm 95

# If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the Rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

# If today you hear his voice, harden not your hearts.

Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

# If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:

"Harden not your hearts as at Meribah,
as in the day of Messiah in the desert,
Where your fathers tempted me;
they tested me though they had seen my works."

If today you hear his voice, harden not your hearts.

Even though I walk in the dark valley I fear no evil; for you are at my side.

The LORD is my shepherd; I shall not want. In verdant pastures he gives me repose; Beside restful waters he leads me; he refreshes my soul.

Even though I walk in the dark valley I fear no evil; for you are at my side.

He guides me in right paths for his name's sake.

Even though I walk in the dark valley I fear no evil; for you are at my side With your rod and your staff that give me courage.

Even though I walk in the dark valley I fear no evil; for you are at my side.

You spread the table before me in the sight of my foes;
You anoint my head with oil;
my cup overflows.

Even though I walk in the dark valley I fear no evil; for you are at my side.

Only goodness and kindness follow me all the days of my life;
And I shall dwell in the house of the LORD for years to come.

Even though I walk in the dark valley I fear no evil; for you are at my side.

#### Psalm 16

Keep me safe, O God; you are my hope.

Keep me, O God, for in you I take refuge; I say to the LORD, "My Lord are you." O LORD, my allotted portion and my cup, you it is who hold fast my lot.

Keep me safe, O God; you are my hope.

I bless the LORD who counsels me; even in the night my heart exhorts me. I set the LORD ever before me; with him at my right hand I shall not be disturbed.

Keep me safe, O God; you are my hope.

Therefore my heart is glad and my soul rejoices, my body, too, abides in confidence;
Because you will not abandon my soul to the nether world, nor will you suffer your faithful one to undergo corruption.

Keep me safe, O God; you are my hope.

You will show me the path to life, fullness of joys in your presence, the delights at your right hand forever.

Keep me safe, O God; you are my hope.

#### Psalm 138

Your right hand saves me, O Lord.

I will give thanks to you, O LORD, with all my heart,

for you have heard the words of my mouth; in the presence of the angels I will sing your praise; I will worship at your holy temple, and give thanks to your name.

Your right hand saves me, O Lord.

Because of your kindness and your truth, you have made great above all things your name and your promise.

When I called, you answered me; you built up strength within me.

Your right hand saves me, O Lord.

Your right hand saves me.

The LORD will complete what he has done for me; your kindness, O LORD, endures forever; forsake not the work of your hands.

Your right hand saves me, O Lord.

#### Psalm 113

The Lord will give him a seat with the leaders of his people.

Praise, you servants of the LORD, praise the name of the LORD.

Blessed be the name of the LORD both now and forever.

The Lord will give him a seat with the leaders of his people.

From the rising to the setting of the sun is the name of the LORD to be praised. High above all nations is the LORD; above the heavens is his glory.

The Lord will give him a seat with the leaders of his people.

Who is like the LORD, our God, who is enthroned on high and looks upon the heavens and the earth below?

The Lord will give him a seat with the leaders of his people.

He raises up the lowly from the dust; from the dunghill he lifts up the poor To seat them with princes, with the princes of his own people.

The Lord will give him a seat with the leaders of his people.

#### Psalm 104

Lord, send out your Spirit, and renew the face of the earth.

Bless the LORD, O my soul!
O LORD, my God, you are great indeed!
How manifold are your works, O LORD!
the earth is full of your creatures.

Lord, send out your Spirit, and renew the face of the earth.

May the glory of the LORD endure forever; may the LORD be glad in his works! Pleasing to him be my theme; I will be glad in the LORD.

Lord, send out your Spirit, and renew the face of the earth.

If you take away their breath, they perish and return to their dust.

When you send forth your spirit, they are created, and you renew the face of the earth.

Lord, send out your Spirit, and renew the face of the earth.

#### Psalm 11

The LORD is in his holy temple; the LORD's throne is in heaven. His eyes behold, his searching glance is on mankind.

The just will gaze on your face, O Lord.

The LORD searches the just and the wicked;

the lover of violence he hates.
For the LORD is just, he loves just deeds;
the upright shall see his face.

The just will gaze on your face, O Lord.

#### Psalm 103

The Lord has established his throne in heaven.

Bless the LORD, O my soul; and all my being, bless his holy name. Bless the LORD, O my soul, and forget not all his benefits.

The Lord has established his throne in heaven.

For as the heavens are high above the earth, so surpassing is his kindness toward those who fear him.

As far as the east is from the west, so far has he put our transgressions from us.

The Lord has established his throne in heaven.

The LORD has established his throne in heaven, and his kingdom rules over all.

Bless the LORD, all you his angels, you mighty in strength, who do his bidding.

The Lord has established his throne in heaven.

#### Psalm 15

He who does justice will live in the presence of the Lord.

He who walks blamelessly and does justice; who thinks the truth in his heart and slanders not with his tongue.

He who does justice will live in the presence of the Lord.

Who harms not his fellow man, nor takes up a reproach against his neighbor;

By whom the reprobate is despised, while he honors those who fear the LORD.

He who does justice will live in the presence of the Lord.

Who lends not his money at usury and accepts no bribe against the innocent.

He who does these things shall never be disturbed.

He who does justice will live in the presence of the Lord.

#### Exodus 15

Let us sing to the Lord; he has covered himself in glory.

I will sing to the LORD, for he is gloriously triumphant; horse and chariot he has cast into the sea.

My strength and my courage is the LORD, and he has been my savior.

He is my God, I praise him; the God of my father, I extol him.

Let us sing to the Lord; he has covered himself in glory.

# The LORD is a warrior, LORD is his name! Pharaoh's chariots and army he hurled into the sea; the elite of his officers were submerged in the Red Sea.

Let us sing to the Lord; he has covered himself in glory.

The flood waters covered them, they sank into the depths like a stone. Your right hand, O LORD, magnificent in power, your right hand, O LORD, has shattered the enemy.

Let us sing to the Lord; he has covered himself in glory.

#### Psalm 69

Turn to the Lord in your need, and you will live.

I am sunk in the abysmal swamp where there is no foothold;
I have reached the watery depths; the flood overwhelms me.

Turn to the Lord in your need, and you will live.

But I pray to you, O LORD, for the time of your favor, O God! In your great kindness answer me with your constant help.

#### Turn to the Lord in your need, and you will live.

But I am afflicted and in pain; let your saving help, O God, protect me; I will praise the name of God in song, and I will glorify him with thanksgiving.

# Turn to the Lord in your need, and you will live.

"See, you lowly ones, and be glad; you who seek God, may your hearts revive! For the LORD hears the poor, and his own who are in bonds he spurns not."

Turn to the Lord in your need, and you will live.

#### Psalm 106

# Give thanks to the Lord, for he is good.

Our fathers made a calf in Horeb and adored a molten image; They exchanged their glory for the image of a grass-eating bullock.

# Give thanks to the Lord, for he is good.

They forgot the God who had saved them, who had done great deeds in Egypt, Wondrous deeds in the land of Ham, terrible things at the Red Sea.

Give thanks to the Lord, for he is good.

Then he spoke of exterminating them, but Moses, his chosen one, Withstood him in the breach to turn back his destructive wrath.

Give thanks to the Lord, for he is good.

#### Psalm 99

Holy is the Lord our God.

Extol the LORD, our God, and worship at his footstool; holy is he!

Holy is the Lord our God.

Moses and Aaron were among his priests, and Samuel, among those who called upon his name; they called upon the LORD, and he answered them.

Holy is the Lord our God.

From the pillar of cloud he spoke to them; they heard his decrees and the law he gave them.

Holy is the Lord our God.

Extol the LORD, our God, and worship at his holy mountain; for holy is the LORD, our God.

Holy is the Lord our God.

#### Psalm 95

If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the Rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

If today you hear his voice, harden not your hearts.

Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:
"Harden not your hearts as at Meribah,
as in the day of Massah in the desert,
Where your fathers tested me;
they tested me though they had seen my works."

If today you hear his voice, harden not your hearts.

#### Psalm 106

#### Remember us, O Lord, as you favor your people.

We have sinned, we and our fathers; we have committed crimes; we have done wrong.

Our fathers in Egypt
considered not your wonders.

# Remember us, O Lord, as you favor your people.

But soon they forgot his works; they waited not for his counsel. They gave way to craving in the desert and tempted God in the wilderness.

# Remember us, O Lord, as you favor your people.

They forgot the God who had saved them, who had done great deeds in Egypt, Wondrous deeds in the land of Ham, terrible things at the Red Sea.

Remember us, O Lord, as you favor your people.

Then he spoke of exterminating them, but Moses, his chosen one, Withstood him in the breach to turn back his destructive wrath.

Remember us, O Lord, as you favor your people.

#### Psalm 97

The Lord is king, the Most High over all the earth.

The LORD is king; let the earth rejoice; let the many islands be glad.
Clouds and darkness are round about him, justice and judgment are the foundation of his throne.

The Lord is king, the Most High over all the earth.

The mountains melt like wax before the LORD, before the LORD of all the earth.

The heavens proclaim his justice, and all peoples see his glory.

The Lord is king, the Most High over all the earth.

Because you, O LORD, are the Most High over all the earth, exalted far above all gods.

The Lord is king, the Most High over all the earth.

#### Psalm 85

The Lord speaks of peace to his people.

I will hear what God proclaims; the LORD–for he proclaims peace To his people, and to his faithful ones, and to those who put in him their hope.

The Lord speaks of peace to his people.

Kindness and truth shall meet; justice and peace shall kiss. Truth shall spring out of the earth, and justice shall look down from heaven.

The Lord speaks of peace to his people.

The LORD himself will give his benefits; our land shall yield its increase. Justice shall walk before him, and salvation, along the way of his steps.

The Lord speaks of peace to his people.